

What is an Employee Assistance Program?

Employee assistance programs (EAPs) are set up to help employees with short term problems or crisis situations that may hinder their work performance. When personal problems start to affect daily life, behavior, cause health problems, or problems with careers, it is time for a solution

How EAP works:

You can either contact our office to request services, or your employer may do so for you. The staff will provide an evaluation, if necessary, and a counselor will work with you to create a plan for resolving your issues.

Eligibility and Costs:

Benefits are available to employees, their spouse and children under the age of 18. There is no charge to you or your insurance for the initial assessment and first three counseling sessions.

Additional services may be recommended or needed and may be covered by your health insurance or other payment options may be identified with your counselor.

Job Security:

Job security, promotional opportunities and reputation will not be jeopardized by seeking services. However, employees should observe specific rules outlined in the policies and procedures of your place of employment.

Services Provided:

Substance Abuse Services

Dependence on alcohol or other chemicals impacts on every aspect of one's life. Spiritual, emotional, social, physical, and intellectual areas are enhanced in outpatient treatment.

Following the completion of an assessment, each client develops a treatment plan with their counselor that is tailored to their own unique needs.

Chemical Dependency touches more than just the dependent person. The entire family suffers. An integral part of their program is working with family members to teach them to practice "self care" and how to change behavioral patterns that enable the substance abuser to continuing using.

Mental Health Services

Therapists in the program address a wide variety of mental health and disorders, using individual, family and group therapy.

Adjustment Issues

Depression

Grief and Loss

Gambling

Eating Disorders

Relationship Issues

ADD/ADHD

Stress Management

Anxiety

Sexual Abuse Trauma

Domestic Violence

Parenting/Single Parenting

Anger Management

Work-related Issues

Marriage and Family Issues

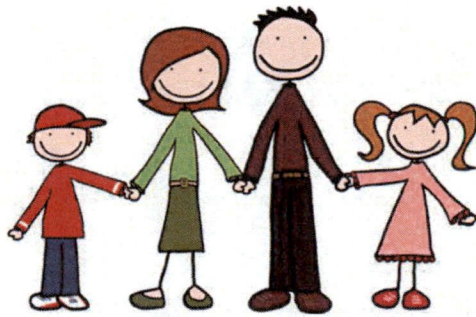
Case Management is provided to link program services with appropriate providers.

Program Operation

The offices of the Behavioral Health Programs are located within the Lac Vieux Desert Health Center

Program Services

Individual Counseling
Family/Marital Counseling
Art Therapy
Group Counseling:
Alcohol/Marijuana Education
Or At-Risk Employees
Relapse Prevention
Alcohol Highway Safety
Substance Abuse Services
Mental Health Services
Auricular Acupuncture



All client information is strictly confidential as required by law.

Program Staff:

Charissa Jeske, LMSW, CADC
Program Director and
Behavioral Health Therapist

Grady O'Neill, CADC
Behavioral Health Therapist

Marissa Burke, RN
Integrated Case Manager

Shannon Turner
Office Coordinator

Lac Vieux Desert Behavioral Health is an approved provider for NorthCare Network Substance Abuse and Prevention Services
NorthCare Network
200 West Spring Street, Suite 2
Marquette MI 49855
NorthCare Services: 1-888-333-8030



Recipients of substance abuse/mental health and prevention services have rights protected by State and Federal law and promulgated rules.

Employee Assistance Program

Behavioral Health Services

N5241 Highway 45
P.O. Box 9
Watersmeet, MI 49969
Phone: (906) 358-0252
Fax: (906) 358-0254

Hours of Operation
Monday – Friday
7:30 a.m. to 4:00 p.m.

