

## **OT Pre-Referral SAT Checklist**

Student: \_\_\_\_\_ Age: \_\_\_\_\_ Date of birth: \_\_\_\_\_ Person completing form: \_\_\_\_\_

<b>Age 5-6</b>		
Activity	Yes	No
<b>Gross Motor Skills</b>		
Walks on a beam without falling off		
Walks down stairs carrying an object		
Runs through an obstacle course while avoiding objects		
Hops forward on either foot without assistance		
Maintains balance on a moveable platform		
Hangs from a bar using an overhand grip		
Skips forward		
Stands up after lying on his/her back without losing balance		
<b>Fine Motor and Visual Motor Skills</b>		
Grasps a crayon between thumb and fingers		
Holds a pencil with a 3 fingered grasp and generates movements from fingers, not the wrist		
Draws a picture of at least 3 objects		
Draws basic pictures		
Colors in the lines		
Copies a triangle		
Matches letters that look very similar		
Writes numbers 1-10 independently		
Traces around own hand		
Completes cut and paste projects		
Cuts cloth or other material with scissors		
Cuts out pictures following general shape		
Puts together complex interlocking puzzles		
Builds a bridge out of 5 blocks		
Completes a 20 piece puzzle		
Opens zip lock bags, containers, and lunch boxes		
<b>Self-Care Skills</b>		
Ties shoes following a step-by-step demonstration		
Dresses and undresses independently (excluding shoe laces)		
Selects and uses appropriate protective clothing based on the weather or setting		
Adjusts clothing before leaving the bathroom		
<b>Sensory Processing</b>		
Seems overly sensitive to touch		
Will not touch certain textures (socks, certain clothes, sandy, sticky, etc.)		

Appears clumsy		
Avoids balance activities		
Spins/flicks/lunges fingers		
Eats inedible objects		
Avoids certain foods or textures		
Seems sensitive to certain odors		
Has difficulty with eye-tracking		
Pokes at eyes		
Has an excessive desire to jump, kick, bounce, throw self, and bump into objects/people		
Seems sensitive to certain sounds		
<b>Oral Motor Skills</b>		
Does not put the appropriate amount of food in mouth and does not chew with the lips closed		
Does not eat different types of foods		
Does not suck liquid through a straw while holding the container with one hand		
<b>Other Skills</b>		
10-30 minute attention span		
Adjusts well to rules and routines		
Follows rules		
Understand the reasoning behind rules		

**Teacher Observation of concerns impacting classroom performance:**